MY SELF-LOVE INTENTION

By BASELINE GRAVITY

SELF-LOVE INTENTION EXERCISE

Use the following pages to get really specific about what your life looks like when you're moving from a place of Self-Love.

Who do you spend your time with?
How do you view yourself?
Where do you spend your time?
What do you wear?
What do your relationships look like?
What do you do for work?
What hobbies do you participate in?

Get SPECIFIC!

Once you've written everything down, notice when you're not living your life at THIS vibration, and course correct accordingly.

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When I am moving from a place of self-love, my life looks like...